

LUNCH BITES

How Can You Save Energy?

Many activities we do in our homes use energy, such as showering, watching TV, and turning on a light! Saving energy can help save the Earth's resources and reduce pollution. So, how can you save energy?

- Turning the lights off after leaving a room
- Taking short showers
- Closing the fridge door
- Unplugging the TV or video games after using them

Hey Kids! Learn more ways to save energy.

Check out this video>>>>



(Open the camera on your iPad and hold over QR code)



**What did the baby light bulb say to the mommy light bulb?
I love you watts!**

Bend-La Pine Schools is an equal opportunity provider.



© Elizabeth O. Dzamba
www.dzamba.com

LUNCH BITES

Fruit Smoothie

Do you like pears and peaches and figs and dates?
How about oranges and kiwis and plums and grapes? These are only a few of the large variety of delicious fruits to choose from when making your own fruit smoothie. You can use fresh, frozen, canned or even dried fruits.

Hey Kids! Ask a grown up for help and learn how to make your own fruit smoothie by checking out this video>>>>>>>>



(Open the camera on your iPad and hold over QR code)



**Do you know why I think I should work at a Smoothie shop?
I think I would really BLEND in!**

Bend-La Pine Schools is an equal opportunity provider.



LUNCH BITES

If I Had A Dragon

An English/Spanish Language Read Aloud Book

Dragon Fun Facts

- Dragons are mythical creatures found in artwork, stories and legends.
- In Japanese and Chinese culture, dragons are a sign of good fortune

Hey Kids!

Check out this video >>



(Open the camera on your iPad and hold over QR code)



What do dragons eat with soup?
Firecrackers!

Bend-La Pine Schools is an equal opportunity provider.



LUNCH BITES

We Are Going on a Leaf Hunt

A Read Aloud Book by Steve Metzger

Autumn is a great time of year for leaf hunting. Follow along with these leaf hunting kids and then head outdoors to see how many different types of leaves you can find.

Hey Kids!

Check out this video >>>



(Open the camera on your iPad and hold over QR code)



What did one leaf say to another?
I am falling for you!

Bend-La Pine Schools is an equal opportunity provider.



Bocadillos para el almuerzo

CUENTO AHORRO DE ENERGÍA

¡Hey niñas!

Mira este video >>>>>



(Abra la cámara en su iPad y mantenga presionado el código QR)



Las escuelas de Bend-La Pine es un proveedor de igualdad de oportunidades.



BOCADILLOS PARA EL ALMUERZO

Batido de frutas

¡Hey niñas!

Aprenda a hacer un batido de frutas.

Mira este video >>>>>



(Abra la cámara en su iPad y mantenga presionado el código QR)



Las escuelas de Bend-La Pine es un proveedor de igualdad de oportunidades.



Bocadillos para el almuerzo

If I Had A Dragon

Abra la cámara en su iPad y mantenga presionado el código QR



Las escuelas de Bend-La Pine es un proveedor de igualdad de oportunidades.



Bocadillos para el almuerzo

Nosotros vamos de caza de hoja

Mira este video >>>>>



(Abra la cámara en su iPad y mantenga presionado el código)QR)



Las escuelas de Bend-La Pine es un proveedor de igualdad de oportunidades.

