Hint, hint.
Cut out these handy reminders and attach them to a small basket to store in your fridge. Put food in there that needs your attention sooner rather than later. We could all use a little nudge every now and then, right?

“I really love the ‘Eat First’ bin! It is so simple, but so brilliant. I’ve converted the top shelf for eat first items and I’ve really been able to use those items first before cooking anything new.”

“Love the ‘Eat First’ basket! That’s been a huge help for our family. I had extra enchilada sauce that I would normally compost. Instead, I marinated chicken in it and made tacos!”