Subjects: Health, Environmental Science
Grades: 9th - 12th
Length: Two 60-75 minute periods

Focus: Interrelationship between personal health and the environment

LESSONS
Lesson One: Eco-Footprint
Lesson Two: Mapping Your Impact

SUMMARY
Students will examine American lifestyle choices and their impact on global resources. Students will explore their eco-footprint as a means of measuring their personal resource use.

STANDARDS
(Health Skills and Concepts Instruction aligned to the Oregon Health Education Standards)
- Describe how physical environments affect health and wellbeing.
- Access resources at school or in the community that can help create a healthy environment.
- Identify ways to reduce pollution and harmful effects to health by using active modes of transportation.
- Set a personal goal to use alternative methods of active transportation.

*Summary and standards are for the overall series (both lessons).

BOOK THE SERIES
Contact Becca Gilbert:
becca@envirocenter.org
541.385.6908 x 16